#### 2023 Black History Month

#BlackHistoryMonthBingo #BHMBingo #BlackHistoryMonth #BlackHistoryMonthResistance #BHMResistance2023 #BHM2023

with eavasradiance

Bingo!

Watch the documentary '13th' (on Netflix)	Buy coffee from a Black- owned coffee farmer or roaster or coffee shop	Visit a museum or art gallery or pop-up featuring a Black artist's exhibit	Take the Harvard Implicit Bias test	Go to bed early
Buy a book from a Black- owned book store	Listen to The 1619 Project podcast	Listen to a Black woman tell her - or any - story and pay her for her time	Support local Black musicians &artists - go to a show or open mic night	Practice yoga with a Black instructor
Walk, run, jog, bike 2.23 miles for Ahmaud Arbery (2/23/23)	Visit your local African American museum	Reparations Space: donate to your favorite Black creator or friend	Buy a Black doll. Keep it or donate it. *bonus good person points if it's made by a Black toy maker	Watch 'Black. History, Black Freedom, & Black Love' on MasterClass
Practice meditation with a Black instructor	Read your favorite genre of book - by a Black author	Buy a children's book by a Black author that celebrates melanin and/or curly hair	Watch 'The Underground Railroad' series (on Amazon)	Reparations Space: donate to your favorite Black creator or friend
Watch the sun rise	Reparations Space: donate to your favorite Black creator or friend	Purchase a membership or subscription to a Black fitness instructor, or Black-owned studio or gym	Go out to lunch, brunch, or dinner at a Black-owned restaurant	Watch the sun set
Treat yoself to a new journal from a Black author or artist - &write in it	Check your local PBS line-up for cool BHM programs (ex: KQED)	Gratitude check: daily	Reparations Space: donate to your favorite Black creator or friend	Buy tea from a Black- owned tea farmer or tea shop



#### 2023 BLACK HISTORY MONTH BINGO! LIST

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Buy coffee from a Black-owned coffee farmer or roaster or coffee shop

### Listen to a Black woman tell her - or any - story and pay her for her time

Visit a museum or art gallery or pop-up featuring a Black artist's exhibit

#### Take the Harvard Implicit Bias test

Go to bed early

#### Buy a book from a Black-owned book store

Listen to The 1619 Project podcast

## Support local Black musicians & artists - go to a show or open mic night

Practice yoga with a Black instructor

### Walk, run, jog, bike 2.23 miles for Ahmaud Arbery (on or around 2/23/23)

Visit your local African American museum

### Reparations Space: donate to your favorite Black creator or friend

Buy a Black doll. Keep it or donate it.

\*bonus good person points if it's made by a Black toy maker

### Watch 'Black History, Black Freedom, & Black Love' on MasterClass

Practice meditation with a Black instructor

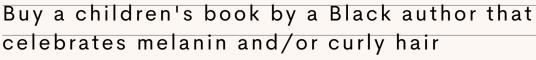
Read your favorite genre of book - by a Black author



Resistance

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### Watch 'The Underground Railroad' series (on Amazon)

Reparations Space: donate to your favorite Black creator or friend

#### Watch the sun rise

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# Purchase a membership or subscription to a Black fitness instructor, or Black-owned studio or gym

Go out to lunch, brunch, or dinner at a Black-owned restaurant

#### Watch the sun set

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### Check your local PBS line-up for cool BHM programs (ex: KQED)

Gratitude check: daily

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Hashtags:	#BlackHistoryMonthBingo
	#BHMBingo
	#BlackHistoryMonth
	#BlackHistoryMonthResistance
	#BHMResistance2023
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Resistance